

Money

In the therapy business

Well earned, shameful or... what?

*A two day workshop with
Martin Capps and Catherine Havard*



Friday 4 and Saturday 5 November 2022

Gestalt Centre Wales

Stuart House, Chepstow, NO16 5HH.

We plan on holding a space to experientially explore our relationship to money, both professional and personal and how this influences the business of therapy and supervision.

This workshop has emerged out of conversations between Martin and Catherine about money, and were they charging too much, too little or about right and for whom? An exciting field of exploration emerged, full of complexity and composed of multiple layers. We would be delighted for you to join us to explore this often overlooked and avoided subject area. It is particularly pertinent in the current field conditions of sharply increasing costs of living and foodbanks etc. How do we balance our needs/wants with the needs/wants of others.

We hope to provide a space which is both provocative and safe enough for you to challenge the stories you spin yourself around money...

In the spirit of the workshop, we have chosen a minimum charge/deposit for this workshop of £120. This is our bare minimum and will ensure your place on the workshop. During the workshop we will invite you to explore how much it is worth to you – and then invite you to “Put your money where your mouth is” and pay us more (or not). So here the challenge and provocation begins....

To book email martin@martin-capps.co.uk with “Money workshop” in the title.

We plan that this workshop will also be held at Manchester Gestalt Centre early in 2023. Dates to be confirmed.



Catherine Havard is a UKCP Registered Gestalt Psychotherapist and is a Training and Supervising Member of The Gestalt Psychotherapy Training Institute (UK) and a member of the GPTI Training Standards Committee. She delivers training on the Foundation Year and Diploma training at Manchester Gestalt Centre. Catherine works in a private practice in rural Wales as a psychotherapist working with couples and individuals, and as a supervisor working with both qualified and therapists in training. She last increased her fees in July 2021 after much moral and emotional wrangling. It was through her seeking support for this and discussion with Martin that her interest in delivering training around money emerged.

Martin Capps is a UKCP Registered Gestalt Psychotherapist, supervisor, coach and trainer with many years of experience in the private, NHS and third sectors. He has long been interested in the relational aspects of shame and how it affects individuals and organisations. He has taught at the Metanoia Institute and the Welsh Psychotherapy Partnership psychotherapy trainings as well as being a tutor and course manager with the Centre for Supervision Training and Development (CSTD), Bath. A Training and Supervising Member of The Gestalt Psychotherapy Training Institute, he has wanted to organise a workshop on money for a long time and the discussion with Catherine provided the necessary support and motivation to finally mobilise.