Aims:

The social, political and cultural field is changing regarding research. For every psychotherapy approach is becoming crucial to support explorations on both results and processes of change. Research is becoming a fundamental focus also for Gestalt practitioners for many reasons. It is a way to explore and share the processes we support in our daily work, to validate and discuss the results in many contexts, to find common language to other approaches, to experiment new creative ways to expand theory and practice, to establish Gestalt therapy well among other leading psychotherapy approaches.

The goal of this EAGT educational seminar is to become familiar with some research methods respectful of Gestalt therapy and epistemology and easily accessible in the daily practice. Furthermore, the seminar is aimed to build a network of people interested in enriching their practice and willing to participate in research networks.

Participants:

The seminar is addressed to Gestalt practitioners in psychotherapy and in organizations. Also, some places are available for colleagues trained in other modalities.

Language: English

Time schedule:

Start on Friday at 14 30 pm
End on Sunday at 15 30 pm

EAGT

The European Association for Gestalt Therapy (EAGT) was founded in 1985, with the aim of gathering together European individual Gestalt therapists, Training Institutes and National Associations, of promoting Gestalt therapy in Europe, combining and exchanging knowledge and resources, fostering a high professional standard for Gestalt therapy and encouraging research. Today over 600 members (institutional and individual) from more than 20 European Nations are already part of the association. EAGT is an EWAO; which means an European Wide Accrediting Organization and as such a member of EAP (European Association for Psychotherapy).

www.eagt.org

Costs:

Before December, 31st, 2013 : 160 euro
After December, 31st, 2013: 220 euro
(board and lodging excluded)

Cancellation policy:

Cancellation before 1st March 2014 will receive a 50% refund of fees paid.
Cancellation after 1st March 2014 forfeits all fees paid.

Information: www.eagt.org, http://www.eagt.org/RActivities.htm, eagtoffice@planet.nl

Registration: Please, fill in the attached form and send it with curriculum vitae (including spoken languages) before March 15th, 2014 via email to eagtoffice@planet.nl or via snail mail to EAGT office, Marga Berends, Noorderdiep 304, NL-9521 BL Nieuw-Buinen, The Netherlands.

After your registration has been proceeded you will receive, by email, an invoice with the payment details.

Accommodation:

Information on different categories of accommodation in the area where the training will take place is available at http://www.eagt.org/RActivities.htm
List of presenters

Brownell Philip
Clinical psychologist licensed in the United States and registered in the British colony of Bermuda. He is a member of the European Association for Gestalt Therapy, the Association for the Advancement of Gestalt Therapy, The New York Institute for Gestalt Therapy, the American Psychological Association, and Division 12 of the APA. He is a member of the Society for Clinical Psychology. Phil is an independent scholar and has written two books, contributed to numerous others, and edited or co-edited still others. He has conducted training in Gestalt therapy and related issues internationally and presented at numerous international conferences. He is the founder and co-convenor of The Research Conference, a recurring international gathering of researchers devoted to mentorin gestalt researchers, developing research focused on gestalt therapy, and establishing a research tradition for gestalt therapy.

Evans Ken
Past EAGT president, Co-Director of the European Centre for Psychotherapeutic Studies and is a visiting trainer at several European training institutes and universities. He enjoys teaching research experientially conveying core issues and research methodology via hands-on engagement. In February 2012 Ken facilitated a group of 30 Gestalt therapists in Stockholm over three days to explore the experience of having a professional identity crisis. In June 2013 he led a phenomenological research exploration of 16 trainees encounter with self and others during a five day residential research training workshop. Ken recently authored the chapter on research for the book, Gestalt Therapy in Clinical Practice edited by Francesetti, Geciele and Roubal, Franco Angeli, 2013. He is co-author with Linda Finlay of the book Relational Centred Research, exploring meanings and purpose. Wiley Blackwell, 2009.

Francesetti Gianni
Gestalt therapist, psychiatrist, supervisor and international trainer, coordinator and trainer on the International Training in the Gestalt Therapy Approach to Psychopathology at the Istituto di Gestalt HCC Italy. President of the EAGT (European Association for Gestalt Therapy), President of the FIAP (the Italian N.U.O: Federazione Italiana delle Associazioni di Psicoterapia), Past President of the SIPG (Societa Italiana Psicoterapia Gestalti), Associate Member of the New York Institute for Gestalt Therapy, member of the Society for Psychotherapy Research. He has authored articles, chapters, and books in the field of psychiatry, psychopathology and psychotherapy.

Rihacek Tomas
Psychologist and psychotherapist, trained in Gestalt therapy. He works as an Assistant Professor at the Faculty of Social Studies, Masaryk University, Brno (Czech Republic), where he teaches, among other things, several research- and methodology-oriented courses and coordinates the activities of the Center for Psychotherapy Research. In his own research, he focuses on therapist development. He specializes in qualitative research, especially Grounded Theory Method. Recently, he co-edited a book on qualitative meth-odology.

Romano Floriana
Psychologist and Gestalt Psychotherapist, Ph.D. in Community Psychology, a Teacher of “Social Psychology of Marginality and Deviance”, University of Palermo. She is a consultant for public and private companies. Her research interests are: Organizational well being, Group dynamics, Action-research methodology.

Roubal Jan
Therapist, psychiatrist, supervisor and psychotherapy trainer. He teaches psychotherapy and psychiatry at Masaryk University in Brno, Czech Republic. He is a member of the Euro-pan Association of Psychotherapy, European Association for Gestalt Therapy (chairing the Research Committee), Society for Psychotherapy Research and Society for Exploration of Psychotherapy Integration. He has co-edited a book „Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact” (Franco Angeli, 2013).

Sandell Rolf
Professor in clinical psychology (emeritus) at Linköping University, Sweden. He is also a psychoanalyst (IPA) in private practice in Stockholm. His research concerns psychother-apy process and effects and socio-emotional training. He was the principal investigator in the Stockholm Outcome of Psychotherapy and Psychoanalysis Project (STOPP) and currently directs the POSE project (Psychotherapy Outcome and Self-selection Effects) at Lund University, Sweden, where a cognitive-behavioural and a psychodynamic therapy for panic disorder are compared in a parallel randomization and self-selection design. Schulthess Peter
Has been working as a Gestalt therapist since 1996 in private practice in Zurich. He is a past EAGT president, past president of the Swiss Charter for Psychotherapy and Coordinator of the Study “PAP-S” (Practice-Study-Ambulant Psychotherapy - Switzerland).

Spagnuolo Lobb Margherita
Founder and director, since 1979, of the Istituto di Gestalt HCC. She is a gestalt therapy international trainer, full member of the New York Institute for Gestalt Therapy, past president of the Italian Federation of the Associations of Psychotherapy (FIAP), past-president and first Honorary Member of the European Association for Gestalt Therapy (EAGT), past and Honorary President of the Italian Association of Gestalt Psychotherapy (SIPG). She has edited, since 1985, the Italian journal Quaderni di Gestalt and has co-edited the international journal Studies in Gestalt Therapy. Dialogical Bridges. She has written many articles and chapters published in various languages, has edited 5 volumes and written 2 books, the most recent being The Now-for-Next in Psychother-apy, Gestalt Therapy reported in the post-modern society (2011). She is Scientific Director of the International Training in Gestalt Psychopathology and co-editor of the Gestalt Therapy book series published by Franco Angeli. She has included research both in her training programs and in her clinical practice.

Stevens Christine
Gestalt psychotherapist, trainer, supervisor and editor of The British Gestalt Journal. Working in private and in an NHS practice is a faculty member of the Doctors in Psychotherapy at Metanoia Institute London. She is Programme Leader for MA Pastoral Counselling at St John’s College, Nottingham England and supervisor for GITA, Slovenia. She runs a Clinical Training Unit for Psychotherapy in Primary Care, and is currently studying for a degree in Fine Art at Nottingham Trent University. Her current research interest is in creative methodologies in psychotherapy practice.

Friday, May, 2nd, 2014

14.30-15.15
Bridging Gestalt therapy practice and research (G. Francesetti)

15.15-16.00
Researching in Gestalt Therapy: a way of developing our model (M. Spagnuolo Lobb)

16.00-16.45
What does it matter if we gain the world but lose our soul: research from a relational Gestalt perspective (K. Evans)

16.45-17.15
Coffee break

17.15-18.00
Comparative Naturalistic study on outpatient psychotherapeutic treatments including Gestalt therapy (P. Schultless)

18.05-18.50
Warrant, Research, and the Practice of Gestalt Therapy (P. Brownell)

18.50-19.10
Coffee break

19.10-20.00
Process groups

Saturday, May, 3rd, 2014

9.00-12.00
Using CORE for routine outcome measurement in Gestalt Therapy: the UK experience (C. Stevens)

12.00-13.30
Lunch break

13.30-16.30
Grounded Theory Method: Principles and Applications (T. Rihacek, J. Roubal)

16.30-17.00
Coffee break

17.00-19.00
Single Case, Timed Series Design: An Acceptable Alternative to Random Controlled Trials (P. Brownell)

19.00-19.10
Break

19.10-20.00
Process groups

Sunday, May, 4th, 2014

8.30-10.15
A qualitative method for management consulting (F. Romano)

10.15-13.15
Direct rating of the outcomes of psychotherapy (R. Sandell)

13.15-14.15
Lunch break

14.15-15.00
Process groups

15.00-15.30
Closing

Participants will be divided in process groups, gathering together at the end of the day. The aim of process groups is to discuss and chew over each method presented.
**Social events**

**Thursday, May, 1st, 2014**

**Concert**
The concert in Rome is a great event sponsored by the Italian trade unions for Labor Day.

**Time:** From 15.00 to 24.00

**Location:** Piazza San Giovanni

**Website:** The site of the concert last year was [www.primomaggio.com](http://www.primomaggio.com), one of this year will be available from March 2014.

**Fee:** Free entrance

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**Friday, May, 2nd, 2014**

**Exhibition**

**The Museum Laboratory of the Mind**
The layout of the museum is based on a “historical map”—which also makes use of oral sources and materials from Cencelli Library and historical archive of Santa Maria della Pieta—of institutional and anti-institutional practices, like a continuous, two-fold, dialectical process, that on the one hand deconstructs the geography of spatial, physical, psychological and social constructions, and on the other reconstructs the individual subjectivity. The temporary video instalation will be presented, an interactive mural that tells the stories of patients and the mental health service.

**To arrive:** The Museo Laboratorio della Mente is located in Pavilion 6 Grounds of Santa Maria della Pieta, Piazza S. Maria della Pieta, no. 5, Rome.

Subway-Line A: **From Roma Termini** - get off at Valle Aurelia station, take line FM3 in the direction of Viterbo, get off at Mante Mario station. **From Fiumicino Airport** - Line FR1 or Leo Express, get off at Roma Ostiense and take line FM3 direction of Viterbo, get off at Monte Mario station.

**Website:** [www.museodellamente.it/en/](http://www.museodellamente.it/en/)

**Fee:** donation of 5 euro for each visitor.

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**Registration for the social event**

**Friday, 2nd, 2014**

**Registration form**
Please, fill in the form below and send it with curriculum vitae (including spoken languages) before March 15, 2014 via email to eagtoffice@planet.nl or via snail mail to EAGT office, Marga Berends, Noorderdiep 304, NL-9521 BL Nieuw-Buinen, The Netherlands.

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